



**Every day is an adventure.**  
D-REF Adult makes sure  
they're ready.

The **Delis Rating of Executive Functions, Adult (D-REF Adult)** lets you quickly and easily administer, score, and report the frequency of behavioural, emotional, and cognitive symptoms of executive function problems in adults. The test provides information on the frequency of executive function deficits and identifies the most distressing symptoms for the client and others. Follow up testing can be done as needed since it only takes 10–15 minutes to complete a rating form. The D-REF Adult was developed with digital-first in mind and, is a great fit for telepractice.



*Great for  
telepractice!*

#### Who is it for?

The D-REF Adult is designed to assist in the assessment of individuals suspected of having executive dysfunction due to conditions such as:

- Traumatic brain injury
- Attention-deficit/hyperactivity disorder
- Cerebral vascular disease
- Neurodegenerative disorders
- Neuropsychiatric conditions

### How it works

The D-REF Adult allows clinicians to gather information from the client (Self Rating Form), a person familiar with the client (Collateral Rating Form), or both. Each form has 58 items that are answered as Seldom/Never, Monthly, Weekly, or Daily. In addition, the D-REF Adult captures the 5 most distressing symptoms to the client or the person completing the Collateral Rating Form. The 58 items that comprise the forms quantify symptoms in terms of the frequency in which they occur, but the 5 most distressing symptoms help identify the symptoms that present the most significant problems for the individual, apart from how often they occur.

The D-REF Adult provides users with the following indexes:

- An overall score for executive functioning
- Three core indexes
  - Behavioral Executive Functioning
  - Emotional Executive Functioning
  - Cognitive Executive Functioning
- Five clinical indexes
  - Attention/Working Memory
  - Activity Level/Impulse Control
  - Emotional Control/Anger Management
  - Abstract Thinking/Problem-Solving
  - Initiation/Apathy
- Two validity indexes
  - Inconsistency
  - Infrequency

### Benefits include:

- Normative data to help identify symptoms and potential areas of intervention
- Identification of symptoms that create the most distress for the client and others
- Access to raw scores, standard scores, and index comparisons data using Q-global®
- Recommended intervention strategies based on both the Self and Collateral Rating Form clinical index *T* scores
- Progress monitoring by evaluating changes in symptoms between two administrations

### Administration and scoring

The D-REF Adult offers digital or paper-and-pencil administration along with Q-global scoring and reporting. Designed with digital in mind, it is ideal for remote administration. It also includes audio which allows items to be read aloud to the client.