

Is it typical memory decline or something more?

Reduce unnecessary referrals with this quick and easy memory screener



Declining memory function is one of the most common complaints among individuals as they age, and it can be difficult for practitioners and medical professionals to determine whether it's due to cognitive impairment or developmentally normative declines in memory. The Everyday Memory Survey (EMS) allows practitioners and medical professionals to screen for individual memory related behaviours in daily life to determine if further testing or a referral is needed.

The Everyday Memory Survey is a set of questionnaires designed to assess everyday memory in adults.

Examples of everyday memory include remembering names, keeping track of daily plans, and accurately recalling medication regimens.



Age range: 18–90

Publication date: 2021

Qualification level: B

Completion time: 10 minutes

Administration: Q-global, Paper-and-pencil

Scoring options: Q-global, Hand scoring

Q-global report options: Individual, Multi-Rater, and Progress

Unlike more traditional performance-based memory assessments that can be both time consuming and intimidating for users, the EMS relies on self-reported and observer-rated real-world behaviours to highlight the memory-related problems patients may be experiencing.

This fast, simple screener can help you reduce unnecessary referrals, save your patients both time and money, and provide additional data to support a referral when a need for further evaluation is indicated.

Great for telepractice!

You can send patients the digital form for them to complete *before* their appointment so you can discuss the results *together*.

Who can use the EMS?

The Everyday Memory Survey can be used in a variety of settings by practitioners including:

- Primary care specialists
- Physicians
- Psychologists
- Social workers
- Rehabilitation specialists
- Speech-language pathologists
- Counselors