

Meet the author

Kristin and Bill Roll

Authors of *The Roll Evaluation of Activities of Life (The REAL)*



Kristin's inspirations are her clients. Her heart is with helping others and she enjoys listening and learning from them. The REAL was developed based on the need of one of Kristin's clients. Bill's inspiration is youth and sports. He enjoys teaching values and healthy living through physical activities.

Our studies and professional experiences...

Kristin graduated from the University of Minnesota, Twin Cities with a bachelor's degree in Kinesiology. She went on to earn her masters of occupational therapy at St. Catherine University in St. Paul, MN. Kristin's pediatric experiences include outpatient clinics, home-based, public schools, and charter schools. Bill graduated from Minnesota State University, Mankato with a bachelor's degree in sports management. He went on to obtain his masters in educational administration and a k-12 principal license. Both Kristin and Bill work for the Somerset School District in Wisconsin. Kristin also works with adults and pediatrics at Amery Hospital and Clinics. Bill is president of the Somerset Soccer Club, coaches at the youth level, and is the varsity head coach at Somerset High School.

Cultural experiences with ADLs...

While at St. Catherine University, Kristin completed an independent study course on the Analysis of Environmental Influences on Occupation in a Third World Country where she collected and analyzed data about occupations in both rural and urban cities in Haiti. Kristin continued her interest in occupation and completed a master's thesis entitled *The Role of Occupation in the Cross-Cultural Adaptation of African Women Immigrants*. Both experiences gave her an intimate view of how occupation is related to one's well-being.



Our inspiration...

Kristin's inspirations are her clients. She works with a wide age range of individuals from 3 years old to 100+. Her heart is with helping others and she enjoys listening and learning from them. The REAL was developed based on the need of one of Kristin's clients. Bill's inspiration is youth and sports. He enjoys teaching values and healthy living through physical activities. Bill has coached soccer, track and field, football, and baseball. He is also the mathematical brain behind the test.

Our interests away from work...

We enjoy being parents to two active young boys, Xavier and Carsten. We also enjoy being aunt and uncle to our amazing 13 nieces and nephews. When we are not spending time with family we enjoy the outdoors and camping.

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