

Personality dysfunction can be a root cause of common daily challenges your clients might be facing, such as significant relationship issues, financial stress, anxiety, and depression. If you are seeing these frequent causes of psychological distress, there could be underlying personality issues that the Millon Inventories can help assess.



The Millon® Inventories are based on Dr. Theodore Millon's APA award-winning theory of personality. These brief assessments can be used to make reliable diagnostic and treatment decisions in a wide range of clinical and counseling settings.

# Benefits of using the Millon Inventories:

- Both theoretically driven and empirically guided: The Millon inventories blend together both Dr. Millon's theory and sound empirical research to form a cohesive understanding of an individual's personality.
- Closely correlated with the DSM®: A connection with the DSM® classification system of personality disorders increases their diagnostic utility and facilitates easy communication among practitioners.
- Brief and easy to administer: Brevity is the hallmark of the Millon inventories, which are designed to obtain the maximum amount of information with a minimum number of test items and patient effort.
- Enable more effective treatment planning: Customized Interpretive Reports help bring critical concerns to light and provide a foundation upon which treatment plans can easily be developed.



# Millon Family of Assessments



Ages: 18 and older Qualification Level: C Reading Level: 5th grade

**Completion Time:** 25-30 minutes (195 items)

## Millon Clinical Multiaxial Inventory-IV

The MCMI®-IV provides helpful clinical insights into the levels of personality functioning in adult patients being treated in a variety of mental health settings.

The MIPS® Revised helps assess normally functioning adults who may be experiencing difficulties in work, family, or



**Ages:** 13-18

Qualification Level: C Reading Level: 6th grade **Completion Time:** 

20-25 minutes (150 items)

#### Millon Adolescent Personality Inventory

The MAPI® is an assessment of adolescent personality characteristics that is normed on both normal and clinical adolescents.



Ages: 18 and older Qualification Level: B Reading Level: 8th grade **Completion Time:** 25-30 minutes (180 items)

### Millon Index of **Personality Styles** Revised

social relationships.



**Ages:** 13-19

Qualification Level: C Reading Level: 6th grade **Completion Time:** 20-25 minutes (160 items)

### Millon Adolescent **Clinical Inventory**

The MACI® is a clinical personality assessment specifically created to help address the unique concerns, pressures and situations that teenagers face such as substance abuse, suicidal tendency, anxiety, and more.



**Ages:** College and university students 16-40 years old

Qualification Level: C Reading Level: 5th grade

**Completion Time:** 20-25 minutes (150 items)

## Millon College **Counseling Inventory**

The MCCI® is the only multidimensional personality inventory specifically developed to address college student-specific issues such as depression, stress, peer alienation, adjustment difficulties, and more.



Ages: 9-12

Qualification Level: C Reading Level: 3rd grade **Completion Time:** 15-20 minutes (97 items)

# Millon Pre-Adolescent Clinical Inventory

The M-PACI® provides an integrated view of a preadolescent's emerging personality styles and clinical syndromes, thereby helping clinicians detect early signs of difficulties that may prevent pre-adolescents from thriving.



Ages: 18-85

Qualification Level: C Reading Level: 6th grade

**Completion Time:** 20-25 minutes (165 items)

# Millon Behavioral **Medicine Diagnostic**

The MBMD® identifies psychosocial factors that may support or interfere with a patient's course of medical treatment and can help increase the likelihood of positive treatment outcomes.

