



## **Anxiety disorder look-alikes: Understanding symptoms of anxiety as we head back to school**

Presented by: Ellen Murphy, MA, LSP, and Selina Oliver, NCSP

Wednesday, September 28, 2022  
12:00 p.m. to 1:00 p.m. Eastern Time

Sponsored by NCS Pearson, Inc.

### **Course Description**

Feelings of anxiety play both protective and restrictive roles. As we return to school, we are likely to encounter students who present with feelings of anxiety. It is important to know some easy best practices to aid with back-to-school transition. Likewise, it is important to recognize when unresolved anxiety meets the level of disability and may require more intensive intervention. Common anxiety look-alikes (e.g., ADHD, sensory processing deficits, depression) make the determination of an anxiety disorder, and the appropriate relief, more difficult to ascertain. This intermediate-level webinar will discuss best assessment practices to help parse out some of these look-alike conditions.

### **Learner Outcomes**

*As a result of this activity, the participants will be able to:*

1. List 3 reasons back-to-school time may result in increased referrals for anxiety.
2. Name 3 characteristics that distinguish protective anxiety from restrictive anxiety.
3. List 3 anxiety look-alike conditions.

### **Time-ordered Agenda**

12:00 p.m. - 12:05 p.m.	Introduction, format of webinar
12:05 p.m. - 12:15 p.m.	3 reasons back-to-school time may result in increased referrals for anxiety, best practices
12:15 p.m. -12:25 p.m.	3 characteristics which distinguish protective anxiety from restrictive anxiety.
12:25 p.m. - 12:40 p.m.	3 anxiety look-alike conditions.
12:40 p.m. - 1:00 p.m.	When unresolved anxiety meets level of disability

### **About the Presenters**

Ellen Murphy is a Licensed School Psychologist and a Senior Clinical Assessment Consultant for Pearson for the last 19 years. In this multifaceted role, Ellen provides ongoing consultation and training across the state of California regarding Pearson's cognitive, achievement, behavioral, and speech/language assessments.

Selina Oliver holds a M.A., C.A.S. in School Psychology from Towson University (MD), where she has served as an adjunct professor in the field of School Psychology. Ms. Oliver is a Nationally Certified School Psychologist with additional school psychology credentials in Virginia and Maryland.

As an Assessment Consultant for Pearson Clinical Assessment, Ms. Oliver provides consultation and education regarding a wide variety of assessment and intervention needs for school-based clinicians and educators.

### **Disclosure**

**Financial:** Ellen Murphy and Selina Oliver are employed by Pearson Clinical Assessment and are both Assessment Consultants.

**Non-financial disclosure:** There are no relevant non-financial relationships to disclose.

The Pearson Assessment Division, the sponsor of this webinar, develops and distributes assessments and intervention tools for speech-language pathologists, occupational therapists, and psychologists. Course information will only include information that pertains to the effective and appropriate use and interpretation of BYI-2, BASC-3, BASC-3 Behavior Intervention Guide, and Brown EF/A Scales. Other assessments published by Pearson may be referenced during this session.

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