

# Examining profiles of adaptive behavior across the autism spectrum

Presented by: Celine Saulnier, Ph.D.
Date: Thursday, April 17, 2025
Time: 1:00 p.m. to 2:00 p.m. EST
Delivery method: Live webinar
Instructional level: Intermediate
Sponsored by: NCS Pearson, Inc.

#### Overview

This intermediate-level webinar provides an overview of profiles of adaptive behavior in autism spectrum disorder and highlights the importance of these everyday skills in optimizing self-sufficiency throughout life. Dr Saulnier will discuss the types of adaptive deficits commonly found in autistic individuals, their association with co-occurring cognitive challenges such as intellectual disability and executive functioning impairments, and the implications of these for managing the activities of daily life. The importance of addressing adaptive functioning in diagnostic evaluations and treatment/intervention programs is highlighted.

#### **Learner Outcomes**

After completing this webinar, participants will be able to:

- 1. Describe adaptive behavior profiles frequently observed in ASD
- 2. Explain the contribution of adaptive behavior skills to a person's ability to live independently, irrespective of cognitive and/or language proficiency
- 3. Identify at least 2 reasons why it's important to evaluate adaptive behavior when working with autistic individuals

## **Time-Ordered Agenda**

1:00 p.m1:10 p.m.	Overview of ASD symptomatology
1:10 p.m. – 1:20 p.m.	Defining adaptive behavior and differentiating it from intellectual ability
1:20 p.m. – 1:30 p.m.	Profiles of adaptive behavior in ASD
1:30 p.m.– 1:40 p.m.	How executive functioning and adaptive behavior impact functional outcome
1:40 p.m.– 1:50 p.m.	Translating test results into recommendations for treatment & intervention
1:50 p.m. – 2:00 p.m.	Questions & Answers



#### **About the Presenter**

Dr. Celine Saulnier is a renowned clinical psychologist with over 20 years of experience in diagnostic evaluations of autism spectrum and related neurodevelopmental disorders for both clinical and research purposes. As faculty at the Yale Child Study Center, then at Emory University School of Medicine and the Marcus Autism Center, and now at NACS, she has made it her life's mission to help all individuals with neurodevelopmental disorders.

### **Disclosures**

#### **Financial**

Dr Saulnier is co-author of the Vineland-3 and receives royalties from Pearson for this work.

**Non-financial disclosure:** No relevant non-financial relationship exists.

**Course Content Disclosure:** NCS Pearson, Inc. is the sponsor of this webinar. Pearson develops and distributes assessments and intervention tools for speech-language pathologists, psychologists, and occupational therapists. This webinar will cover information that pertains to the effective and appropriate use of the assessments Vineland Adaptive Behavior Scales, Third Edition (Vineland-3) published by Pearson Clinical Assessment. No other assessments or interventions will be discussed during this presentation.



#### References

Bradshaw, J., Gillespie, S., Klaiman, C., Klin, A., & Saulnier, C. (2019). Early emergence of discrepancy in adaptive behavior and cognitive skills in toddlers with autism spectrum disorder. *Autism*, *23*(6), 1485–1496. https://doi.org/10.1177/1362361318815662



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