



Comprehensive Approach to Mental Health Promotion and Suicide Prevention

Presented by: Mark F. Patishnock, PhD, Tony J. Walker, PhD, LPC-S, and Kurt Michael, PhD

Delivery method: On-Demand

Instruction level: Intermediate

Sponsored by: NCS Pearson, Inc.

Course Description

Grounded in a decade of research and practice in school-based mental health, the JED Comprehensive Approach combines strategic planning, equitable implementation, and seven evidence-informed domains to support sustainable mental health promotion and suicide prevention. The Jed Foundation (JED) helps protect emotional health and prevent suicide among teens and young adults through this framework. This session explores how JED applies the approach across JED High School, the JED-AASA District Mental Health Initiative, JED Campus, and community-based initiatives to build comprehensive, scalable systems of support for young people.

Learner Outcomes

After completing this learning track, participants will be able to:

1. Describe the seven domains of JED's Comprehensive Approach to Mental Health Promotion and Suicide Prevention and explain the role of the framework's strategic planning and equitable implementation elements
2. Apply JED's Comprehensive Approach as a model for implementing school-based mental health promotion and suicide prevention practices in participants' own settings
3. Identify at least two strategies for extending comprehensive, equity-centered mental health promotion and suicide prevention practices into community-based settings

Time-Ordered Agenda

5 minutes	Welcome and introduction
10 minutes	About The Jed Foundation
15 minutes	JED's Comprehensive Approach
10 minutes	Applying the framework in school-based programs
5 minutes	Extending the framework
5 minutes	Key takeaways and synthesis
10 minutes	Q&A



About the Presenter

Dr. Mark F. Patishnock is JED's Vice President of School Programs Implementation, overseeing mental health initiatives supporting more than 1,200 schools and 6.5 million students. A licensed psychologist, he has held leadership roles at Virginia Tech, Augusta University, and Michigan State University, where he expanded student mental health services and implemented JED Campus. Before joining JED, he was a senior consultant with Keeling & Associates. Mark holds graduate degrees from Wake Forest University and Penn State and is a recognized leader in youth mental health.

Dr. Tony Walker leads JED's school programs division. He previously served as Vice President of Education Strategy and Innovation at the Meadows Mental Health Policy Institute. He has worked as a teacher, school counselor, and executive district leader at Uplift Education, where he helped develop one of Texas's largest school-based mental health systems. Tony holds a Bachelor's in Education, a Master's and PhD in Counseling, and is a Licensed Professional Counselor and Certified School Counselor.

Dr. Kurt Michael is Vice President of Prevention & Crisis Response Consulting at JED and a clinical psychologist specializing in suicide prevention, postvention, and school and college mental health. He works with K-12 schools, universities, and communities to strengthen suicide prevention systems and crisis response practices. Previously a distinguished professor at Appalachian State University, Kurt has published more than 85 peer-reviewed articles and book chapters. He also serves as a faculty member at the University of Utah and University of Oregon.

Disclosure

Financial:

Dr. Mark F. Patishnock is JED's Vice President of School Programs Implementation

Financial:

Dr. Tony Walker leads JED's school programs division.

Financial:

Dr. Kurt Michael is Vice President of Prevention & Crisis Response Consulting at JED

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Non-financial: There is no relevant non-financial relationship to disclose.

NCS Pearson Inc., the sponsor of this learning track, develops and distributes assessments and intervention tools for speech-language pathologists, occupational therapists, and psychologists.

References

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