



How the Assessment Relationship Shapes What Clients Take Away

Presented by: Mitch Colp, PhD, RPsych

Delivery method: On-Demand

Instruction level: Intermediate

Sponsored by: NCS Pearson, Inc.

Course Description

Clinical assessment is a relationship, and the quality of that relationship shapes what the client discloses, what the clinician sees, and what the family and other stakeholders do with the results. This session covers the evidence base for collaborative and therapeutic models of assessment, the role of feedback as an intervention, and the ways relational isolation surfaces during assessment as a clinical variable that clinicians frequently underweigh. The presentation includes practical guidance clinicians can apply in their next assessment session to enhance the quality of the information gathered as well as the overall experience for both examiner and client.

Learner Outcomes

After completing this learning track, participants will be able to:

1. Describe the evidence base for collaborative and therapeutic models of assessment, including the client and family outcomes these models have been shown to influence
2. Explain how examiner behavior and the conditions of the assessment session affect client disclosure, engagement, and the quality of the data obtained
3. Identify indicators of relational isolation that present during assessment and describe how to account for them in case formulation and interpretation
4. Apply at least two strategies for structuring a feedback session as a clinical intervention rather than a report delivery step

Time-Ordered Agenda

7 minutes	Framing the problem
13 minutes	Evidence base for collaborative and client-centered models of assessment
11 minutes	The assessment relationship as a determinant of data quality
9 minutes	Relational isolation as a clinical variable
13 minutes	Feedback as intervention
7 minutes	Practical application and strategies

About the Presenter

Dr. Mitch Colp is a Registered Psychologist and the Chief Executive Officer of Hexagon Psychology, which provides assessment and treatment services to children, youth, and adults across Canada. Licensed in six provinces and with experience practicing internationally, he has spent more than 15 years in psychological assessment, much of it delivered virtually. He sits on provincial and national



boards shaping regulatory and professional practice standards, and speaks frequently on tele-assessment, ethical practice, and psychological services in rural and remote communities.

Disclosure

Financial: Dr. Colp receives an honorarium for this presentation.

Non-financial: There is no relevant non-financial relationship to disclose.

NCS Pearson Inc., the sponsor of this learning track, develops and distributes assessments and intervention tools for speech-language pathologists, occupational therapists, and psychologists.

References

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