



Personality through the lifespan: A Millon perspective on personality development from attachment to adult interaction.

Presented by: Seth Grossman, Psy.D. and Robert Tringone, PhD

Delivery method: On-Demand

Instruction level: Intermediate

Sponsored by: NCS Pearson, Inc.

Course Description

This session explores personality development across the lifespan, connecting early attachment, family dynamics, and sociocultural influences to clinical practice. Using Millon's framework, presenters provide an introduction to personality as it evolves over time and highlight key concepts from Millon's Evolutionary Theory. Participants will examine how personality functions as a "psychological immune system," shaping adaptation to relationships, environments, stressors, and life challenges. The session also demonstrates how these concepts can complement diverse clinical approaches across a range of practice settings.

Learner Outcomes

After completing this learning track, participants will be able to:

1. Describe key components of Millon's Evolutionary Theory and their relevance to understanding personality development across the lifespan
2. Analyze how attachment experiences and neurodevelopmental factors may influence the emergence and expression of personality patterns over time
3. Apply a developmental and contextual framework to the interpretation of personality development over the lifespan
4. Integrate neurodevelopmental, relational, and sociocultural factors into a contextualized understanding of personality assessment data

Time-Ordered Agenda

20 minutes	Millon Evolutionary Theory
20 minutes	Early neurodevelopmental and lifespan sociocultural contextualization
20 minutes	Integrating neurodevelopmental and life-context challenges into assessment and intervention
	Q&A

About the Presenters

Dr. Seth Grossman is a Florida and North Carolina licensed psychologist, the author of the "Essentials of MCMI-IV Assessment" text, the primary co-author of the MCMI-IV, and a secondary co-author of the MACI-II and MBMD, among other Millon inventories. He is in private practice in Coral Springs, FL. He is a former assistant professor at the FIU College of Medicine, and consulting psychologist for its Counseling and Wellness Center. Since 1998, Dr. Grossman has been involved



with the Millon Inventories; most recently as lead psychologist for the Millon Personality Group, now tasked with continually updating Dr. Millon's legacy work.

Robert Tringone, PhD, primary co-author of the MACI-II, received his doctorate at the University of Miami where he studied under Dr. Theodore Millon. Through their joint research ventures, Dr. Tringone served as a Personality Disorders Adviser to the DSM-IV Axis II Work Group.

Since 1992, Dr. Tringone has been a Pearson-certified Workshop Leader, focusing on adolescent assessment with the MACI instruments and integrating results from them with several projective techniques. He is also co-author of the M-PACI, a self-report instrument for 9-12 year olds, and has authored or co-authored numerous book chapters on the MACI and M-PACI tests.

Dr. Tringone maintains a full-time private practice for children, adolescents and adults. He is a founding contributor for the Millon Personality Group.

Disclosure

Financial: Dr. Seth Grossman and Dr. Robert Tringone are paid consultants for the Millon Personality Group and receive royalties for the Millon Clinical Inventories.

Non-financial: There is no relevant non-financial relationship to disclose.

NCS Pearson Inc., the sponsor of this learning track, develops and distributes assessments and intervention tools for speech-language pathologists, occupational therapists, and psychologists. This offering will include information that pertains to the effective and appropriate use and interpretation of the following will be covered Millon Clinical Multiaxial Inventory-IV (MCMI-IV), Millon Adolescent Clinical Inventory-II (MACI-II) and no other assessments will be discussed during this presentation.

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